

Connecticut Boys State Indoor Track and Field Records

Last Updated: March 26, 2025

Event	Time/Dist	Performer	School	Year	Meet
55M Dash	:06.23	Sheldon Simpson	East Hartford	2000	CIAC State Open
55M Hurdles	:07.26	Myles Bradley Joshua Mooney	Norwich Free Academy Stonington	2005 2023	CIAC State Open CIAC State Open
60M Dash	:06.81	Terrell Wilks	Hillhouse, New Haven	2007	NBNSIC 3/11
60M Hurdles	:7.80	Joshua Mooney	Stonington	2023	NBNI, 3/12
200M Dash	:21.05	Glen McFadden	Hillhouse, New Haven	2001	NSIC
300M Dash	:33.66	Glen McFadden	Hillhouse, New Haven	2000	NY Stanner Games 1/15
400M Dash	:46.80	Jerome Young	Prince Tech, Hartford	1995	CIAC State Open 2/25
500M Run	1:03.20	Jerome Young	Prince Tech, Hartford	1995	NSIC, 3/11
600M Run	1:18.72	Cas Loxsom	Wilbur Cross, New Haven	2009	New Englands
800M Run	1:51.94	Chris FitzSimons	Hamden	2010	NIN 3/14
1000M Run	2:25.55	Henry Wynne	Staples, Westport	2013	New Englands 3/2
1500M Run	3:46.74	Gavin Sherry	Conard, W. Hartford	2022	NBNI 3/13
1600M Run	4:01.36	Gavin Sherry	Conard, W. Hartford	2022	NBNI 3/13
1 Mile Run	4:02.69	Gavin Sherry	Conard, W. Hartford	2022	NBNI 3/13
3000M Run	8:15.57	Gavin Sherry	Conard, W. Hartford	2022	NB Games 1/21
3200M Run	8:45.74	Gavin Sherry	Conard, W. Hartford	2022	NBNI 3/11
2 Mile Run	8:48.59	Gavin Sherry	Conard, W. Hartford	2022	NBNI, 3/11
5000M Run	14:42.41	Eric van der Els	Brien McMahon, Norwalk	2016	NBNI,3/11
4x55m Shuttle Hurdle	:31.03	Delante Senior, Shaun Lazenby, Sergio Rose Jr., Jessie Singleton Jr.	Bloomfield	2025	New Balance Nationals Indoor, 3/16
4x200m Relay	1:28.57	Akiel Smith, Tyreise Swain Jr, Darius Wise, Brendon Stewartson	Hillhouse, New Haven	2015	Eastern States, 3/3
4x400m Relay	3:20.18	Taeshawn Berry, Maxim Copeland, Jordan Crain, Hunter Howard	Windsor	2024	New Balance Nationals Indoor, 3/10
4x800m Relay	7:44.91	Aidan Nelson, Trevor Fuller, Magnus Manley, Charles Lovett	Ridgefield	2025	New Balance Nationals Indoor, 3/13
1600m Sprint Medley Relay	3:26.53	Thomas Conklin, Owen Rich, Aaron Rich, Timothy Conklin	Lyman Hall, Wallingford	2025	New Balance Nationals Indoor, 3/14
Distance Medley Relay (4k)	10:01.13	Charlie Lovett, Aidan Nelson, Magnus Manley, Steven Hergenrother	Ridgefield	2024	New Balance Nationals Indoor 3/08
4x1-Mile Relay	17:28.47	Joey Bubniak, Justin Rau, Parker Boudreau, Willie Ahearn	Danbury	2008	NSIC 3/15
Shot Put	65' 07.00"	Chris Amy	Norwich Free Academy	2025	CIAC Class LL 2/14
Long Jump	24' 5.50"	Dyshon Vaughn	Career Magnet New Haven	2018	NBNI, 3/10
Triple Jump	52' 1.75"	Sean Dixon-Bodie	Bloomfield	2020	NYRR Millrose Games 2/8
High Jump	7' 00.50"	Khalil Antoine	Hillhouse, New Haven	2024	NIN 3/8
Pole Vault	15' 10.00"	Chris Rough Joseph Fogarasi	Westhill, Stamford Windham	2015	New Balance Nationals Indoor 3/14
25# Weight Throw	73'8.00"	Gary Moore Jr.	Hillhouse, New Haven	2022	NIN, 3/11
Pentathlon	3939 pts	Brian Brophy	Manchester	1987	NSIC 3/15 1st

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